

A Wonderful World of Knowledge...Know More About It

Episode #3: Cholera Safety

Tonight in "A Wonderful World...Know More About It", we'll take on "How can I keep my family safe from cholera?"

Bacteria that live in water cause cholera.

Most people get sick from drinking unclean water or eating food washed with unclean water.

Many people can carry the bacteria without ever getting sick, and they can pass it to others if they fail to wash their hands with soap and water after using the toilet.

For prevention, a simple rule is 'boil it, cook it, peel it or forget it'.

If you wash vegetables in water, you should boil or cook them to kill any cholera bacteria that may have been in the water.

Fruits such as bananas that you peel yourself should also be safe from cholera.

The single most important factor in surviving cholera is drinking enough safe water to replace what is lost due to illness. With proper liquids, 99% of patients recover from cholera.

